

# AUDIT

Client Chris Sanchez  
Date 03/26/2010  
Score 18

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1. How often do you have a drink containing alcohol (Score)
  - Never (0)
  - Monthly or less (1)
  - Two to four times a month (2)
  - Two to three times a week (3)
  - Four or more times a week (4)
2. How many drinks containing alcohol do you have on a typical day when you are drinking?
  - 1 or 2 (0)
  - 3 or 4 (1)
  - 5 or 6 (2)
  - 7 to 9 (3)
  - 10 or more (4)
3. How often do you have six or more drinks on one occasion?
  - Never (0)
  - Less than monthly (1)
  - Monthly (2)
  - Weekly (3)
  - Daily or almost daily (4)
4. How often during the last year have you found that you were not able to stop drinking once you had started?
  - Never (0)
  - Less than monthly (1)
  - Monthly (2)
  - Weekly (3)
  - Daily or almost daily (4)
5. How often during the last year have you failed to do what was normally expected from you because of drinking?
  - Never (0)
  - Less than monthly (1)
  - Monthly (2)
  - Weekly (3)
  - Daily or almost daily (4)
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
  - Never (0)
  - Less than monthly (1)
  - Monthly (2)
  - Weekly (3)
  - Daily or almost daily (4)
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
  - Never (0)
  - Less than monthly (1)
  - Monthly (2)
  - Weekly (3)
  - Daily or almost daily (4)
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
  - Never (0)
  - Less than monthly (1)
  - Monthly (2)
  - Weekly (3)
  - Daily or almost daily (4)
9. Have you or someone else been injured as a result of your drinking?
  - No (0)
  - Yes, but not in the last year (2)
  - Yes, during the last year (4)
10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking, or suggested you cut down?
  - No (0)
  - Yes, but not in the last year (2)
  - Yes, during the last year (4)

# Scoring the Audit

| <u>Score</u> | <u>Level</u> | <u>Action</u>                     |
|--------------|--------------|-----------------------------------|
| 0-7          | Low          | Encouragement                     |
| 8-15         | Low/Moderate | Advice                            |
| 16-19        | Moderate     | Brief Counseling                  |
| 20 +         | High         | Further evaluation for dependence |